

Infant and Family Wellbeing

This multidisciplinary course will provide you with understanding about new and innovative theory and practice relating to infant and family wellbeing. It is underpinned by recent evidence from a range of disciplines including developmental psychology, neurosciences, and genetics. These demonstrate links between the experiences of babies during the early years of their life, and later physical and mental health. The course focuses primarily on the following:

- Well-being of parents during pregnancy
- Transition to parenthood
- Relationship of parents with their new baby during the first few months and years of life

It provides a range of innovative and evidence-based ways of supporting parenting during this period and addresses key issues for health practitioners including: Effective ways of improving the social, emotional and psychological well-being of infants; reducing health and social inequalities, and improving a range of public health outcomes.

Who is this course for?

This course is multidisciplinary and will be of interest health visitors, family and children's centre leads, midwives, community paediatricians, general practitioners, and social workers who wish to gain a greater depth of understanding about new methods of working with families during pregnancy and the first two years of life. It will be of particular interest to professionals involved in the delivery of the revised Child Health Promotion Programme 0 – 3 years.

What is involved?

The course takes place over five days which will be provided over the course of a year: 16th and 17th October 2008; 26th and 27th January 2009, and one day in June 2009.

The course consists of lectures, guided reading, structured debate, observation of videos, and group exercise. You will also be required to undertake an infant observation, and to practice new skills between taught parts of the course. There will be opportunities for you to draw on and apply your own experience throughout the course.

Assessment

To successfully complete the course as a Postgraduate Award you will be required to submit a written assignment (4000 words). You should demonstrate evidence of self-directed study in your assignment, which will be based on the infant observation that you have undertaken, and critical application of the knowledge and skills gained in the taught-part of the course.

Entry Requirements

Entry to the course will be based on evidence of the following:

- i) A professional qualification;
- ii) A 2:2 honours degree, or equivalent, in a relevant field/discipline.

You will also be required to be open to new methods of working with families.

Fee

If you do not wish to undertake the assignment required for accreditation you can simply attend any or all of the taught days. You will be issued with a certificate of attendance that may be used to gain recognition of CPD activity from, for example, the appropriate medical Royal College or Faculty.

Non-accredited: £630

Postgraduate Award: UK/EU £830

How to apply

We encourage you to apply for the course using the online application form at www.warwick.ac.uk/go/pgapply as this is the quickest and most efficient method. If you require a printed copy of the postgraduate application form please e-mail pg.prospectus@warwick.ac.uk remembering to include your postal address or telephone +44 (0)24 7652 3648.

This course is subject to final University approval.

Request further information

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