

**PMHCWN Steering Group Meeting
20th February 2008.**

Present: Judy Foster (Chair), Oliver Kiamanchr, Drew Lindon, Alex Reeve, Nicky Stanley.

In attendance: Terry Bamford, Jean Healy (notes), Vicky Nicholls

Apologies: Richard Anderson, Dorian Cole, Philip Jones, Paul Ramchandani

1. Minutes of last meeting (12th Dec)

Agreed to number pages and paragraphs in future and to identify action points and responsibility.

Nicky asked if Vicky had managed to talk to Nick Hervey and Shula Ramon about the inclusion of children's issues in ASW study.

Vicky to take up with Shula and Nick and to try and encourage engagement with children as a topic - ask to write an article about the role of AMHPs with respect to families and children

Nicky wondered if there was an article for the newsletter on the research or the revised CPA perhaps on broadening assessment to include family.

Terry met with Claire Barcham at the Kings Fund. He will email latest versions of the three relevant GSCC chapters for comment. The timescale has slipped. Clare was particularly grateful to Nicky for comments but interested in contributions on the section on resources.

Terry to circulate to group

Terry spoke of current position of AMHP training. GSCC approves overall training requirements but does not approve individual AMHP programmes. Nurses and psychologists wishing to become AMHPs will have to go through the same training that exists for ASWs and will be subject to approval by local authority. Conversion training is minimal - a two day programme run in London by a private training agency, Rob Brown. Particularly focused on interrelationship with MCA.

The CPA revision when it comes out will include specific reference to children and parental status as part of the record. This gives an opportunity to exercise leverage on training programmes to ensure mental health work takes this into account.

Regional CSIP - once new structures established - to talk to regional leads for social care about AMHP training in the regions with component on children and young carers. ACTION-SPN

Judy suggested putting together an A4 sheet summarising what psychiatrists and AMHPs should be communicating with children and carers. This could be a resource for the Network, social care leads, trainers.

Drew to send copy of the Partners in Care checklist for professionals coming into contact with children of parents with mental illness for comment as a starting point, to be circulated by SPN..

2. Safeguarding Study Day

Finances - the day had broken even which was very reasonable given the high cost of Ort House and that this was the first fee paying event of the Network. Publication due in about two weeks and will be sent to attendees of study day and the steering group.

3. Beyond the Smile

Vicky reported on this forthcoming study day. The programme was still developing. Lucky to have Naomi Eisenstadt to open study day with the Social Exclusion Task Force's January publication of the full 'Think Family' strategy, and a range of workshops.

Final networking session to be based on shared interests and have colour coded badges. Suggestion of round tables with up to ten people at each to facilitate discussion - this is being planned for.

75 people booked so far. We are aiming for about 100 people .

4. Future study days

Next study day in autumn on agenda for next meeting. Dual Diagnosis and Personality Disorder were the top two identified in survey

Drew has links with National Treatment Agency and ADFAM and will have resources in place in time for next study day.

PMH resources had been circulated. Drew said there was a gap in resources for young people to help understand a parent's substance misuse. Any material to be forwarded to Drew ideally by end of month.

ACTION-ALL

5. Safeguarding Leads IN MH Trusts

In absence of Philip Vicky reported on this new network for safeguarding leads.

Lorraine Wiener co-ordinating network. There is a study day in June 'what is good practice in safeguarding children in m h trusts' and 30 places reserved for safeguarding people from PMHCWN. This was welcomed as showing a benefit of membership and reflecting the need for social perspectives to be included.

ACTION - SPN to include in next newsletter and give places on a first come first served basis.

6. Families and Social Inclusion event

Vicky involved in first planning meeting. and being kept in the loop.
National conference being put together by Clare Mahoney, Marie Diggins, and Barnardo's with Ivan Lewis and possibly Beverley Hughes speaking.
Looking at possible dates in June.

Judy suggested putting a couple of sentences from Clare Mahoney in the minutes

Vicky to email Clare and ask for a quote.

7. SCIE/NICE guidelines

Nicky had a meeting this morning on her contribution to guidelines where it was clarified that the Practice review was largest component. Marie leading on this over last 2-3 years. There are also two systematic literature reviews, one by York University and the other by the Epicentre. Nicky's part was review of professional and policy education. Colin Whittingham had been commissioned to pull the work together.

Drew said that at the advisory group, the Epicentre reviews of literature were presented. Most of the meeting focused on that. Timescale -guidelines should be available in September.

Judy suggested to ask advisory committee for revised update on project which could be circulated to PMH steering group.

Drew to follow up and to ask how best PMH could be involved in dissemination

8. Resources for Network

The news of the £30k pa was widely welcomed. Terry suggested holding off on corporate membership networks and at the end of three year grant period using that as an exit strategy. We could go to local authorities saying that after three free years they should pay to maintain the work based on a 3 year track record.

Oliver suggested that we should plan after 2 years.

Terry said that would have to be done through ADASS and regional groupings and would need to be certain of champions within each regional grouping. This would require preparation so best to plan after two years to make sure contacts in place

The bid was reviewed.

- A bi-monthly newsletter
- Two study days - achieved 07/08
- Publications-
- Disseminating guidelines

Additional strands were developing regional networks with a view to aiming to establish regions over a 3 year period and move into training activities with opportunities for the network to raise its profile and become involved in offering training to mental health workers of various kinds. Nicky thought that useful to look at mental health issues for children's workers.

Terry thought that it would be good to repeat the membership survey towards the end of 08/09 as has been very helpful in shaping work programme and priorities.

Drew said that his organisation would be interested in getting involved in training. The Princess Royal trust offer training for their own workers but were looking at moving to statutory services - at present working with Children's Society on the Include project which offered support to train children's teams to identify and support young carers.

Nicky said that training activities (as mentioned in bid) don't have to be a direct provision of training. They could also be a mini module which can be dropped into other training or working with trainers to develop indirect training

Agreed to use newsletter to identify members for a training sub group.

ACTION-VN

9. Governance of network

Terry raised issue. Should steering group be more formally constituted? Clarified in discussion that SPN were accountable body for demonstrating spending on money. Nicky felt that SPN has responsibility for planning the programme of work and Steering Group's role is advisory. SPN have to own the work programme and ensure it is implemented and monitored.

There was a discussion on merits of a fixed term or rotating Chair. Agreed to retain a rotating chair with SPN organising the minutes and meeting.

It would also be beneficial to clarify the relationship with SCIE. Important to maintain close links with SCIE but not contractual accountability.

Action- TB/VN to discuss with David Ellis and Philip Jones

Vicky suggested that in order to build on accountability and the relationship between network and SPN it would be helpful for one person on steering group to be on SPN Exec. This would bring perspective and crossover.

Other raised for future consideration were cross-membership between SPN Exec and PMHCWN, a skills audit, engagement of young people, review of membership of Steering Group.

Drew to find out if anyone on Young Minds reference group interested and let Vicky know

10 Terms of reference

Agreed to amend in light of comments to reflect agreed programme of work, and to influence development of good practice.

11. MH Foundation Young Carers Research Project Involvement

Drew spoke of MHF and Princess Royal Trust for Carers 2 year project with practical focus on what kind of coping strategies useful in protecting young carers.

Inviting people to advisory groups looking at policy stance on young mental health carers. Nicky agreed to represent PMHCWN.

Nicky would be interested and can represent the steering group

ACTION; Jean to forward material to Nicky

12. Information Exchange and AOB

Guidelines meeting on 23rd April cancelled. Agreed to revert to lunch meeting for Network.

Need to look at study days for potential user members of steering group
For specific agenda item next time

13. Date of next meeting

April 23rd (1230-3pm); Oliver to chair

Action Points

1. **Vicky** to talk with Shula and Nick to try and encourage engagement with children as a topic in ASW study
2. **Terry** to circulate Claire Barcham chapters to group
3. **SPN Action** - Regional CSIP - once new structures established - to talk to regional leads for social care about AMHP training in the region with component on children and young carers.
4. **Drew** to send copy of the Partners in Care checklist for professionals coming into contact with children of parents with mental health problems for comment as a starting point for producing A4 leaflet, to be circulated by SPN.
5. **All** - Any articles to be sent to Drew regarding gaps in resources
6. **Vicky** to ask Clare Mahoney for quote re families and social inclusion
7. **Drew** to follow up how best PMH could be involved in guidelines dissemination
8. **Vicky** to use newsletter to identify members for a sub training group
9. **Terry/Vicky** to discuss relationship with SCIE with Philip Jones and David Ellis
10. **Drew** to find out if anyone on Young Minds reference group interested in joining steering group
11. **Jean** to forward young carers steering group information to Nicky
12. **SPN** -For agenda next time - study days for potential user members of the steering group.

End