

PMHCWN Steering Group Meeting 18th June 2008,

Present:

Terry Bamford, Judy Foster, David Goodban, Jean Healy (notes), Oliver Kianchehr (Chair), Drew Lindon, Susan Macknight, Vicky Nicholls, Rose de Paeztron, Nicky Stanley, Louise Wardale, Tara Weeramanthri.

Apologies:

Richard Anderson, Louisa Harrison (will attend as and when she can), Philip Jones, Clare Mahoney,

1. Introductions

Tara asked if she should represent Royal College or if someone else can represent them as Paul Ramchandani can't make further meetings. Judy asked could if people could send in their biographies and a picture for the website.

Welcome to Susan Macknight.

2. Minutes from last meeting

Rose still trying to talk to someone in Building Bridges re young carer input. Tara asked how many attended perinatal study day (120). Would be interesting to note the impact of charging for study days on numbers and Tara suggested finding out from Marie how we can apply for funding to run conferences. Nicky pointed out that the fields were broader then and that perinatal was a definite topic, and that interest may grow. To watch what happens with charging policy over the next conferences. Tara suggested pushing for a free conference linked to SCIE/NICE review and dissemination

Matters arising

Nicky updated on Mental Health Foundation (not Young Minds as stated in last minutes) Research project steering group which she had attended. She was pleased that they were keen to recruit young carers for interview from general population rather than young carers groups. They were expanding the age range of the project from 12 to 18 to 10 – 21 with more developmental stages. It is going to ethics tomorrow. There were concerns that the project was trying to do a lot. Marie Diggins has written offering research reviews which were being used for SCIE/NICE guidelines. To come out with key evidence on what kind of coping strategies are being developed by young carers with reference to cultural and religious upbringing. Other research about parents is on hold at the moment. Gap in literature is with children and young people.

3. Mental Health Act implementation correspondence

Vicky circulated to Terry Bamford, Alleyn Wilson and Clare Mahoney for comment and these have been sent out.

David Goodban asked would it be appropriate to write to DCSF. Shirley Trundle is the new Director in post. This will re-enforce the need to link with adult services. **David to pass on contact details to Vicky**

Tara spoke of the shared protocol SLAM has between trust and social services under safeguarding boards. This is a practice model. Chris McCrea involved. **Tara to send copy to Vicky to pass on to the Steering Group**
Princess Royal Trust has protocol also around young carers. **Drew to send to Vicky**

Judy suggested a copy of the letter to go to Peter Wright – mental health lead in GSCC – families and parents issues – new carers strategy has large section on young carers but very vague and doesn't bring out individual specialities as mental health

Tara asked if a version of the letter could go to RCPsych where Sheila Holland was still President of college although leaving soon. Frank Holloway was also leading on training for the new Mental Health Act.

Vicky to send copy to Tara by email

Also to CAMHS review team. David Goodban will give contact details of Bob Jezzard.

Letter to Catherine Pugh of CSIP (training the trainers mental health act training programme) as many professionals don't have access to Royal College Training.

Informal email discussion re Meta network has not happened.

Terms of Reference from last meeting in process

David to send details to Vicky on how to join his network. 325 people signed up so far. **David asked steering group members to contact him for invitations to go to their networks.**

Tara can circulate web details to her staff – David will take contact email later
To create a link from PMH network website to David's network

Research articles not yet forwarded for website.

Louise and Drew fed back from the Keeping Family in Mind Conference.

Feedback had been positive was being collated.

No list of participants because of data protection.

Rose asked if the slides from the Conference could go on the website. Clare had written a summary of Action 16 and it was also felt that this should go on the PMH website. The packs were very informative, Rose also wondered about getting information from workshop leaders (with their permission) to go on to the PMH website.

Louise and Vicky both are attending the Safeguarding leads event tomorrow in Birmingham. There were 80 delegates, 30 of which were from the PMHCWN network. The event is to focus on Identifying positive practice and information sharing and is a joint event SCIE/PMH/CSIP

Claire Etches was unable to make the meeting due to a mix up with dates. Vicky gave feedback on a telephone conversation and is meeting with Claire on Monday 23rd. Claire very open to responding to people's issues. SEU's work on Families at Risk review is winding down. Unit has become almost synonymous with review, which means it is entering general consciousness - good news, future involvement likely to be limited to light touch monitoring of key planks of review.

Slight restructuring means that SEU will focus on new, shorter projects which will last between 6 weeks – 3 months. Not yet known what projects will be. SEU will continue to support work of Public Sector Agreement (PSA) in relation to four key vulnerable groups (people with severe and enduring mental health problems / learning disabilities / care leavers / offenders) via strong analysis team.

Generally felt that it was not relevant to invite Claire to future meetings but that **Deborah Jamieson would be good to invite (Lead for children and think families – DH)**

4. Development of Regional Networks

Terry said that in the bid to DCSF for funding we envisaged the establishment of Regional Networks over the course of the 3 year period of grant funding and asked Steering group members for ideas on implementing regional networks. He wondered about testing the water in a couple of regions in year 1 and try to extend if workable model. He raised the following:
CSIP regions are huge with no great sense of unity in south east and regions would need a sense of regional identity.
Whether to build on existing groups?
Hold a study day model on regional basis?
Discussion groups with shared interest with outside speaker?

Rose reported that Southend was alive and well with the next meeting in July. She said that successful regions need to come from a local champion not from central office. Patrick Horgan started the Essex group which meet every 2-3 months. There was also a group in the Birmingham area.

Nicky has experience with BAPSCAN, a well developed national organisation where regions supposed to link in and organise study events. She made the point that Regional groups come and go according to presence of committed individuals and best to build on what has been started and to identify what is out there and how wide to define.

There was also a Perinatal mental health network (IMMH) in North West. Nicky suggested identifying existing organisations and offer space on website. Need to make it worthwhile to affiliate with the network so maybe offer discounts on study day. To map what is there and try to pull in rather than trying to create something new.

David spoke of the CSIP networks and suggested making links and to link people in the regions together.

Drew said it would be good to stimulate network entrepreneurs, asking if they would be interested in setting up a network

How many conversations going on already that with the right nudge could point in the right direction?

David suggested using the 5 implementation sites for guidelines who are supposedly interested and engaged already.

Susan offered to draw people in East Midlands as she was member of a MH Alliance Group in East Midlands. David suggested that the newly appointed Directors in CSIP would be potential allies and offer a way in. Judy suggested sending them an adapted letter also.

Need to map information and find local champions. Susan offered to contact Yvonne Pearson and Sylvia Marshall from the East Midlands.

We need to be clear on what can offer and what will offer.

Terry suggested kicking off the mapping exercise through the next newsletter asking people to supply examples of what is going on locally and let us know.

Beginning of Meta network!

Once guidelines available Nicky suggested it would be possible to have key tasks around guidelines that we want people to take on at regional level. What works well and how are guidelines going in your area.

More focus and better information in regions.

5. Future Study Days

Dual diagnosis and personality disorders most popular from network survey.

Suggestion of study day on preparing the ground for guidelines but would have to speak to SCIE. Rose suggested a study day drawing on Building Bridges or Cape project

After discussion, it was thought a good idea to work on

New Developments in Mental Health Services – new thinking about family mental health and what does review of CPA mean in terms of working with families? Nicky suggested scheduling close to November 3rd and could incorporate a welcome to new AMHPs

Susan suggested that a group of parents might be able to do something as they are in the middle of it and Louise suggested Splinter Group.

Vicky to report on Aston University and get costing from Lorraine as a potential venue. Nicky suggested Holloway Road Resource Centre.

Terry suggested talking to Jerry Tew.

Nicky suggested 3rd or 10th November as dates and make big thing about targeting AMHPs

To look into venues for Tues/Wed/Thur on weeks of 3rd and 10th November

Drew, Rose or Louise not able to make Guidelines meeting on July 18th
Vicky nominated by Drew to attend.

6. Dates for next meetings

September – Tuesday 9th September at 2.30pm and
Tuesday 25th or 26th November at 2.30pm

Vicky said that Darryl Mayberry was coming over in autumn from Australia at the end of September or early October if anyone would be interested in meeting him.

Nicky can make 1st October so **Vicky to send Nicky Darryl's email address** so she can contact directly.

AOB

Working Together Network. Rose working with parents with learning disabilities. Link on website – good to encourage people.

Conversation on whether to link to regional groups.

Rose meeting at DCSF independent living strategy next week and would be useful to wear PMHCWN network hat to flag up issues around independent living strategy.

David to pass on contact details to Vicky

Tara and Drew to pass on protocols to Vicky

Vicky to send copy of mental health correspondence to Tara

David to send details on how to join his network to Vicky for circulation to group

To put link to David's network on perinatal mental health website

Vicky to invite Debra Jamison to future PMHCWN meeting

Vicky to report on Aston University and get costing from Lorraine as a potential venue

Terry to speak to Jerry Tew

To look into venues for Tues/Wed/Thur on weeks of 3rd and 10th November

Vicky to send Darryl Mayberry's address to Nicky