

Minutes of PMHCWN Steering Group Meeting
23rd April 2008.

Present: Richard Anderson (Chair) Terry Bamford, David Goodban, Jean Healy, (Notes) Philip Jones, Mary Killick, Clare Mahoney, Vicky Nicholls, Rose de Paeztron, Nicky Stanley, Louise Wardale.

Apologies: Anna Bird, Christina Enright, Judy Foster, Ruth Jordan, Oliver Kianchehr, Drew Lindon, Susan Macknight, Jan Pearson, Paul Ramchandani, Sally Russell, Tara Weeramanthri.

1. Welcome and apologies

2. Matters arising from last meeting

Inclusion of children's issues in ASW study -Vicky had spoken to Shula Ramon who was very busy at present and will see Nick next week and bring up with him.

GSCC Chapters for comment Terry hasn't received from Claire Barcham as yet.

AMHP training in the CSIP regions with component on children and young carers. Clare not aware of young carers national lead in CSIP Suggested speaking to Julia Ross and Ruth Ely. David suggested talking to Jim Sanderton and also on the training side, Kathryn Pugh from London Development Centre who was leading on children's side of mental health act. Paul Greenwood also mentioned, being very interested in work of Barnardos No leadership so difficult to ensure that issue raised in anything else but ad hoc way.

Sue Christie from CSIP working on new code of practice -will run as now for one year to allow time to work out how to proceed. MH act commission should be monitoring issues on new code of practice.

Haven't looked at impact of children in past apart from visiting in hospitals and a way in could be to invite someone (possibly Gemma Pierce) from Mental Health commission to a future meeting to tell her about the network and to talk about next steps.

Vicky to write to Gemma and report issues emerged -suggested a one off meeting rather than asking her to come here – Clare to send info to Vicky and copy Rose in

Nicky asked if there was mileage in copying the head of social care and Kathryn Pugh to look at training and monitoring issues

Vicky to circulate a draft letter to the steering group for comment

David suggested this should also go to regional change agents –

Partners in Care checklist received for comment but Nicky asked why Is there a need to produce given that Keeping the Family in Mind was so recent. There was a discussion on material available.

There is an amount of great information and the key is training and resources – to wrap around what is already there.

David asked where is the leadership around implementing systems across the board. Clare spoke of risk dimension - doesn't validate the professional on the ground working across child and adult systems.

Group to highlight to Clare what they would like to bring to the attention of the ASW leads as she was in a key position. Nicky said it would be a window of opportunity more than just workforce development – new training programme and refresher training for all existing ASWs enormous programme for key people involved in implementation of mental health act – terrific stroke of genius to get family approach and needs of young carers on the programme. A4 leaflet not objective – family focus out there – Clare Barcham ASW leads to look at ways which family focus can be strengthened and disseminated. – Questions to make what is out there accessible

Articles had been sent to Drew
Vicky to use for newsletter.

Feedback with SCIE –Vicky and Marie Diggins had a useful meeting and communication issues have been resolved. Nicky has been in touch with young minds steering group and is going to a meeting on 6th May

Discussion re importance of induction for user members who may struggle to know what was going on therefore need a pre-meeting session to prepare people.

Feedback from Study Day

Vicky fed back on this hugely successful event.

Attendance by title – 38 delegates identified as nurses, 10 nurses 8 children's centre and 11 voluntary organisations so had a multi disciplinary focus

Healthy profit made

Publication should be ready by end of May and will be sent to delegates

Safeguarding publication given to those who had not received

Draft governance paper

Vicky apologised for omitting from the paper acknowledging significant contribution of Clare Mahoney and CSIP to network – including 16,000 grant which has enabled the transition.

Gap in baseline membership identified – research/academic – and other research perspectives – relevant research whether academics or not
Key national networks – CSIP being the improvement agency of DH – David suggested including ASW leads network although different set up
Safeguarding children in mental health trusts network – will run for another year after September – useful to have representation from that network on the steering group –

To include David's perinatal network and the north east infant and maternal mental health network also.

Is best achieved by having people sitting on steering group – is SCIE key national network.

There followed a discussion on the function of the steering group –how to influence and change and to balance so can find out more way systems work together, particularly child and adult, supporting practitioners and policy . TOR point doesn't come across as it stands at the moment. If want to be more about practice development should find people with a watching brief even if they don't come to meetings, what network can deliver – which is reflecting back on system they are creating policy for, what are the gaps, and how policy addresses gaps and implementation issues

Vicky said that more needed to be done to involve the membership ie email discussion groups. David said that he would be very interested in thinking more about an umbrella network of networks

Clare and Philip had been talking about the subset around safeguarding leads and working in partnership. It was hard to sustain networks because the more strands there are, the more likely to preserve what we have to make it sustainable.

To have informal email discussions following meeting and SPN to bring starter paper to next steering group meeting re meta network. David suggested talking to Janet (surname)? to come and have discussion – and people from other networks – **email ideas to Terry who these people should be**

Nicky asked how Service User involvement with the group was going. Vicky has been talking to two parents from study day in Manchester who were interested in the steering group but were not able to come today as well as other people she had met during meetings.

Young carers' organisations were well represented but would be nice to have young carers involved and Vicky has been talking to the young minds reference group. **Rose to talk to someone in Building Bridges and David to pass on information to Vicky of a network in Leicester of parents of children with disabilities as well as mental health problems.**

Nicky went back to Clare's point – to include network reflecting policy as well as providing resources for practitioners and asked could some of the actions be re-framed as outcomes ie this is what the network will do, what it looks like and why we are running it with the outcome that we raise standards and increase awareness across clinicians and practitioners in child and adult services.

**Vicky to reframe and bring back to next meeting
Clare to help Vicky**

It would be good to get someone from a central policy teams in steering group as family focus much more predominant in government policy than when group began –to talk to someone in SEU for ideas.

This tied in with Judy's feedback on government representatives attending from time to time.

Issues around political and would need to be clear whether become a campaigning organisation and boundaries to influencing role to set out – area where would want to make alliances. Terry suggested getting a family focus and working in partnership with Barnardos or SCIE rather than joining queue of other organisations.

Nicky offered to contact Chris Cuthbert in SEU as he was interested in links between adult mental health and child welfare. If people give up time – has to be worth their while so need a specific purpose or discussion. Suggestions were policy seminar and families at risk agenda Social Exclusion Task Force Marie Diggins is doing work with them and has links – could make joint approach and line up with dissemination of guidelines and work around that

Safeguarding Leads in MH Trusts

Philip updated on this network

Looking at overseeing development work that Lorraine is doing and idea of merging with PMH network re forum or discussion group

Next event 19th June to identify key elements of good practice and the need for protocol. Clare has arranged for Margaret Attwood to facilitate the day There are 80 places of which 30 places opened up to PMH network to promote awareness of network and create links and cross fertilisation.

Response from PMHCWN has been very good – may be possible to allocate more places. There is no nationally agreed standard for safeguarding practice within adult mental health system and is about trying to pull out key elements and get away from narrow lines and map as an organic system where safeguarding practice visible from all points

Audit or survey of kind of resource available in mental health trusts needed as there is enormous variation and deficits around the country of perinatal mental health provision. Christine Humphrey, Safeguarding Lead from Department of Health is very important to the network and is copied in to correspondence although doesn't come to meetings.

Nicky asked about doing the CAF. One exciting thing about network is that it has a group of staff that can ask questions. It is down to individual trusts to interpret what this means, not much about joint protocols agreed between adult mental health system and children's services.

CAF will bridge a gap but not clear how this will happen. There are mixed messages about the role of lead professional. No universal coverage until electronic CAF comes out

Mary Killick introduced herself – she is looking at the network from a regional perspective and building a local business plan with infant mental health on the agenda

Perinatal MH Network

David reported back on this network. Sheila Shrubman, Clinical lead for children and families in DH and Dawn Reece instrumental in setting up. Objectives were to try and support practitioners and influence government

policy around this area. David is hoping to launch a facilitated e-network in June.

He is asking organisations to cascade information about this to their networks, supported with a website on the CSIP website including information on a library of networks and related organisations.

David hopes to have DCSF and DH funding – no one minister with responsibility for perinatal and infant mental health and no departmental initiative.

Hope that this will start to encourage better commissioning, thinking about commissioning tools and a fragmented agenda and to try and lodge to take forward in more integrated way

The network is open to all and David will send details to Vicky on how to join.

Clare reported on the families and social inclusion event, Keeping the Family in Mind on June 10th

There will be 8 workshops. The purpose of the event is to sign off the work done under Action 16, it's early findings and main messages from SCIE review and Amanda Edwards is speaking.

Conference will be change focused, what is happening next, family intervention project, family pathfinder project, 94 applications to initiative – on children's side.

Hoping for 200 people and it is being held in London. Nicky asked could SPN have a stall to disseminate publication. Terry thought we should have a flyer in the Conference pack

Vicky to talk to Roisin or Paul McGettigan

Policy and Research update

Updated child health promotion programme and current status of patients as parents. Carol Henshaw is on sabbatical from May so is starting to write up then and is presenting about this at the June conference
SCIE contributing through Marie Diggins with a systematic map on what parents say.

Vicky reported on two pieces of research, one by the Royal College of Psychiatrists on mothers in the forensic mental health service. She feels there is a need for more research in this area.

Also a qualitative research review of mentally ill mothers

Vicky to forward reports to Jean to put on website

SCIE/NICE Guidelines

Drew on steering group but no meeting since so nothing to report

Information Exchange

David Goodban asked for the list of people on the steering group to be mailed out with minutes. He also asked if possible for a regional breakdown of the network with a view to developing regional networks as part of funding.

Needs to be on agenda for next meeting

Vicky and Mary Killick to have further conversation re mental health and safeguarding work through Mary so useful to have a sister network

Need to carry on working with regional networks as they had become discombobulated!

18th June at 2.30 next meeting

Funding implications – Louise may not be able to come to meetings much more due to funding issues. Richard also uncertain as the money for the Cape Project was running out.

David would not come regularly and suggested useful for Clare to come, although she doesn't have a national role any more. Need to work out who will sit on the group from CSIP

Important to get the letter sent to CSIP - Clare to push group

To ask Oliver to chair next meeting.

Action Points

- **Vicky to circulate a draft letter to the steering group for comment**
- **All -To have informal email discussions following meeting and SPN to bring starter paper to next steering group meeting re meta network.**
- **All -email ideas to Terry**
- **Rose to talk to someone in Building Bridges and David to pass on information to Vicky of a network in Leicester of parents of children with disabilities as well as mental health problems.**
- **Vicky to reframe and bring back to next meeting**
- **Clare to help Vicky**
- **David to send details to Vicky on how to join infant network.**
- **Vicky to speak to Roisin or Paul re stall at event 10th June**
- **Vicky to forward research articles to Jean**
- **Jean to send circulation list of group to be sent with these minutes**
- **SPN to put regional networks on agenda for next meeting**
- **Terry to ask Oliver to Chair the next meeting**