

**Parental Mental Health and Child Welfare Network
Steering Group Meeting 12th December 2007.**

Present: Drew Lindon (Chair), Terry Bamford, Rose de Paeztron, Jean Healy (notes), Oliver Kianchehr, Vicky Nicholls, Nicky Stanley, Sarah Temple,

Apologies: Richard Anderson, Dorian Cole, Catherine Duffy, Judy Foster, Philip Jones, Ruth Jordan, Clare Mahoney, Jan Pearson, Paul Ramchandani, Wendy Shallcross, Louise Wardale, Tara Weeramanthri

Minutes of meeting held on 17th October agreed as an accurate record.

Matters Arising from Minutes of Last Meeting

Rose suggested that pages were numbered.

Nicky had read through the handbook that Claire had spoke of and given feedback and Oliver had passed to a colleague for feedback. Nicky suggested that we keep in touch with Claire Barcham and ask her for feedback regarding her work.

Terry to write and ask for latest position

Nicky doubted there was enough material from the study day to produce a themed issue of Child Abuse Review. It can be reported on line and in the newsletter. Terry said that we were looking at producing an A4 booklet similar to previous SPN study day publications.

Vicky spoke of research into ASW practice happening in Southwark and Cambridge through Nick Hervey and Shula Ramon respectively on training for ASWs - a time and motion study. Nicky asked if we could ask them to include engagement with children if they are not already asking that question.

Safeguarding Study Day

Terry reported back on a successful day. Ratings were good. Comments were that a paragraph about what each workshop was about would have been good and that there were not enough time for questions. The venue was good, if expensive and Terry expects to break even on the day. The cost of the publication could be taken from the CSIP grant.

Nicky felt that there was a good mix of people, if a lot of managers. Jean to send the job descriptions of delegates to Nicky so that we can see who we are attracting for future events. Nicky felt that the Marlborough Service workshop could have been condensed, but was a good resource for the future.

Rose suggested that it might be worth asking children's organisations or similar for space for a study day in the future. NSPCC have new training facilities.

Drew suggested a summary flyer of the booklet for marketing purposes which could be given to Directors (alongside corporate membership letter) as a sample of some of our work.

Oliver asked about future study days - we are at present working through the menu which was gained from the survey of the membership. After perinatal mental health, the 3rd choice was personality disorders, Drew thought this would be an ideal time to hold before October.

Rose suggested that Contact Point would be a big issue for the interface between child and adult services. Drew said was relevant to lots of things and can be slotted into future study days.

Terry explained to Sarah that this was the first study day where payment had been asked for so was experimental .

Nicky spoke of dissemination and the need to bring practitioners from child and adult services to share work and experiences at future study days. Information exchange slots could be introduced at the day, as a chance to keep up with what was going on. Vicky thought there was an area in Manchester where posters/information could be displayed.

Evaluation - could ask for 50 words on the learning objectives from workshop leaders as a standard thing. Definitely emphasise that they should be participative.

Perinatal Mental Health Study Day

Vicky reported on the progress of this and that Naomi Eisenstadt had agreed to speak. Thought would be useful to have someone from pathfinder projects (Children's Plan). Rose spoke of the New Pin work - based on the attachment model and was centre based work. They recruit service user mothers to deliver support to other mums. Nicky and Rose to pick up on this and Nicky to email academic from Warwick re pilot studies for family/nurse partnership.

Vicky said that she expected 70-80 people to attend, so 4-5 workshops would be plenty. She said that Judy Foster was doing some work with the St Christopher Fellowship in Brixton, working with black fathers and their positive engagement in parenthood.

Sarah said that the study day needed to be different from other events, and that so far, the content was not dissimilar from other study days on the same topic. Would like to see focus on linking between adult/child services, between health and social care, women - ante or postnatal.

Drew suggested that if people were to attend two out of 4 workshops, two could be about services/setting up and the others on more practitioner based issues. Delegates could then choose depending on their level of experience.

Agreed that this was to be a national event held in the North West to facilitate people to attend. The North West is also ahead as they are setting up an infant and maternal health network - would be helpful to learn about that.

Drew asked that based on the suggestions made, the document should be reworked and circulated to the group for feedback. Nicky suggested time tabling extra time into the plenary sessions for questions.

Safeguarding Leads In Mental Health Trusts

For next meeting. Noted launch of network scheduled for tomorrow.

Families and Social Inclusion Event

Clare Mahoney leading on this event in April. One day event and they hope to get a Minister to speak. Vicky will circulate the outline of the Conference to the group.

SCIE/NICE Guidelines

Rose going to the update meeting on Friday. Several members couldn't make steering group meeting as they were attending this meeting on Friday. Vicky had dates of future guidelines meetings and steering group dates would be co-ordinated around these. Vicky updated that a draft report was due out in April with the guidelines out in the summer.

Drew had been invited and would attempt to attend future meetings, Rose, Dorian, Clare and Louise also involved. Rose will forward minutes from the meeting on to the Steering group and to keep the network informed through steering group members attending the guideline meetings.

Resources for Network

Terry reported that we had got through to stage 2 of the DCSF process - the final submission was due in by 14th January. This would cover funding of £30,000 for the next three years. Commitments mentioned on the bid were newsletter, study days, and setting up of regional/sub regional networks. Terry to send a draft of the bid to the steering group in early January.

The corporate membership letter was approved, the only change being that Drew wanted the first long sentence turned into 2 shorter sentences. Could be used together with a link to something tangible - ie abstract of safeguarding study day

Expenditure

Terry had worked on the estimated expenditure in relation to the network to justify the CSIP grant for Clare. One specific issue was travelling expenses which would be discussed later. No other successful sources of funding identified so far, so this is where the corporate membership comes in.

Oliver felt that it was important to publicise the perinatal study day early, so that people in Manchester didn't feel they had to travel down South for the one in February.

The issue of travelling expenses had been raised by Louise. We need to have an explicit policy. Decide that we pay travel expenses for users and carers, and for those members unable to claim from their employing body at the lowest fare available.

Terms of Reference

Drew and Oliver felt that in order to attract more service users and carers, the terms of reference should be clear. Suggested that this was discussed today and revisited next time.

Revision needed to look at the relationship between SPN, SCIE and the Network should be made clear.

Oliver said that the TOR needed to say what the network does, and show deliverables and reviewing procedures and how these aims are met and measured.. Need to say that equal voice by all, about travel expenses. Rose felt that the TOR should be fairly short with appendices added as needed. She felt that accountability was important and that the relationship with SCIE needs sorting out. Terry to draw up draft revised Terms of Reference in consultation with Drew and Oliver.

Marketing and Website

Day to day running of the website was still being maintained by SCIE, but this was due to pressure of work not allowing a handover. This should happen in the New Year.

Information Exchange

Rose reported that Barings had agreed to fund the bridge between PMH and Working Together for two more years, through the Nora Fry Foundation.

Oliver asked Drew about the Gloucestershire Young Carers leaflet as he was looking for local funding to produce a similar version himself - wondered if there was a template to adapt. Drew said that the RCP were looking to fund a national version of the leaflet which was due to be signed off in February. Suggested either using the national one with own contact details, or to ask if they could supply a blank version - Drew to send on name of contact to Oliver.

Vicky said that RCP were reviewing Patients as Parents which was nearly done. Father's roles need to be included - will be good to hear back from Clare.

Drew said he had been involved in joint work with the National Treatment Agency for Drugs and Alcohol and ADFAM, looking at how to support carers. A paper was being put together on dual diagnosis, and attention paid to young carers. ADFAM were keen and Drew would keep the group informed as this overlaps with mental health.

AOB

Drew to send round a list of resources in helping children to understand their parents' illness - Jean to follow through and ensure these on the website.

Nicky asked about reviewing the book written by the Young Carer and reviewed in the Guardian could be reviewed by a young carer for the next newsletter. The publisher should send a free copy for review. Also to add as resource.

Terry asked for any ideas for articles for inclusion in the newsletter due to go out in the New Year.

Dates of future Meetings (subject to change around the guidelines)

20th February 2008 12.30 for 1pm start - until 3pm

23rd April 2008 - 2.30 - 4.30pm (after guidelines meeting)

18th June 2008 - 2.30 - 4.30 (after guidelines meeting)