



The Parental Mental Health and Child Welfare Network presents



"Treasure chest or minefield? Unlocking the potential of *Think Family* for all the family"

Parental Mental Health and Child Welfare Network
Study Day no. 6

Thinking Family? New models of practice

www.pmhcwn.org.uk

Friday 30 April 2010

9.30am – 4.15 pm

BVSC, 38 Digbeth

Birmingham. B5 6DR

(Venue details at: <http://www.bvsc.org>)

Aims of day:

- To consider critically 'Thinking Family' in the context of diverse and frequently challenging family structures and relationships.
- To hear the latest news from national and regional leads from key agencies aiming to build family-focussed practice.
- To help participants learn how to consider children's, parents' and wider family members' points of view within families, and understand how these contribute to family dynamics in different social and cultural contexts.
- To share experience and good practice through interactive workshops.
- To network in order to strengthen partnership work.
- To explore issues facing service users, family members, practitioners, researchers and policymakers.

Key themes:

- Recent policy and practice initiatives impacting on family-focussed thinking.
- Innovative service user-led, third sector and health and social care sector-led models of intervention and support.
- Critical perspectives on families: breaking down taboos and overcoming stigma and discrimination.
- Personal perspectives on living in a family where a parent has severe mental health problems.

Confirmed speakers:

- **Kate Billingham** DH Family Nurse Partnerships programme lead
- **John Burnham** Head of Family and Systemic Psychotherapy and Director of Systemic Training CAMHS, BCH (Birmingham Children's Hospital)
- **Hugh Constant** Practice development manager, Social Care Institute for Excellence



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Who is the day for?

The event is aimed at frontline practitioners working with adults, children and young people and families across health and social care and the third sector; parents and carers with experience of using or an interest in services; commissioners in health and social care; Think Family leads; equality and diversity leads; transformation leads; mental health policy organisations; researchers and mental health campaigners. We are keen to include perspectives from people with direct experience of using mental health and family services and will reserve 25% of places free of charge for service users who are unwaged.

CPD certificate available on completion of day.

Cost

Full cost place £125. Early bird booking discount (£95) has been extended to places booked before **31st March 2010**. And because we know that budgets are stretched, we are offering a **10% discount on 10 places or more**. Limited number of unwaged / service user places available free of charge. SPN terms and conditions apply.

The Parental Mental Health and Child Welfare Network is supported by the Department for Children Schools and Families. Visit our website at: www.pmhcnw.org.uk to catch up with our latest news and make links with organisations at the forefront of developing sound support for people working to support the parent-child relationship.

To book a place click on this [LINK](#).

For event information please email [Vicky Nicholls](#) or call 07967 175016 Mondays between 9.30 and 5pm; Wednesdays 9.30 – 1pm; Thursdays 10.30 – 2pm

For booking information please email [Tayo Richards](#).



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Programme

- 09.30 Arrivals, tea and coffee
- 09.45 **Opening and Introduction** Tara Weeramanthri, Consultant Child & Adolescent Psychiatrist and family therapist, South London & Maudsley NHS Foundation Trust
- 10.00 Keynote presentation **Family work: learning from the Family Nurse Partnership programme** Kate Billingham DH Family Nurse Partnerships programme lead; Q&A
- 10.30 **News from SCIE Think child, think parent, think family implementation sites** Hugh Constant Practice Development manager SCIE: Q&A
- 11.00 **Telling family secrets** Angela Hill, mother, former young carer of parent with severe and enduring mental health problems, in interview with systemic therapist
- 11.30 Tea and coffee break
- 11.45 Morning Workshops:
- **Parents with mental health needs: a whole family approach** Paula Conneely, Meriden Family Programme
 - **News from the frontline: establishing Birmingham think child, think parent, think family implementation site** George Faulder and Ariela Reed, Birmingham children's services.
 - **ACCORD protocol: innovative practice in working at a systems level with families with parental mental health issues** Anne Rawcliffe, Suffolk ACCORD
 - **Challenging stigma and discrimination, finding our shared strengths** Alison Stunt and members of The Well, Birmingham postnatal support group working with women from diverse cultures
- 13.00 Lunch and creative session
- 13.45 Afternoon plenary: **From Paperwork to Paper Play: narrative interviewing** John Burnham Head of Family and Systemic Psychotherapy and Director of Systemic Training CAMHS, BCH (Birmingham Children's Hospital); Q&A



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14.30 Afternoon workshops:

- **What a good Think Family service might look like** Hugh Constant, SCIE
- **Competencies and frameworks for training in family-inclusive practice** Judith Lask, the Association for Family Therapy and Systemic Practice in the UK
- **Moving on with family dynamics, a paper play approach** John Burnham Head of Family and Systemic Psychotherapy and Director of Systemic Training CAMHS, BCH (Birmingham Children's Hospital)
- **Post Natal Depression Project for Pakistani & Pushto women** Frahana Rashid, Birmingham PND Project
- **Cross-cultural practice: comparing stories with family and systemic relationships in Afghanistan** Suzanne Pike, UNICEF

15.45 Panel discussion: **What do we mean by family-inclusive practice? Is this always the best way?** Including representatives from DCSF, SCIE, Birmingham children's hospital, the Association for Family Therapy and Systemic Practice in the UK, service user and carer.

16.15 **Close.**